Woodlands Trail Fox Worthy Life Award

Trail Life USA is a Christ-centered outdoor adventure, leadership, and character development ministry. Within the operations of the local Troop, the primary statement/profession of Christian beliefs, faith, and/or doctrine is that belonging to the Charter Organization. As with any of its ministries, the Charter Organization should take steps to ensure the Troop appropriately reflects these beliefs. Furthermore, all Trail Life USA Charter Organizations and Registered Adult Members must concurrently adhere to the Christian principles stated in Trail Life USA's Statements of Faith and Values, and all activities must be completed in conformity with Youth Protection Guidelines.

To achieve the Woodlands Trail Fox Worthy Life Award, you must complete the requirements in all four areas below with your parent(s) as well as your Trail Guides and/or Troop Chaplain as an active Trail Life USA Fox:

1. A Devotional Activity
2. A Discipleship Activity
3. Disciplines Activities
4. Demonstration Activities

The Devotional and Discipleship Activities are where Trailmen will choose, learn, and explore biblical principles. The Disciplines Activities are where the Trailmen apply their new knowledge to their lives. The Demonstration Activity is where the Trailman reports on his experiences to his peers and leaders. These activities may overlap with each other and should be integrated together when possible. Ensure that all completion dates are correctly documented in the Woodlands Trail Handbook and on TrailLifeConnect.com.

I. Devotional Activity

Participate in one (I) of the following activities with your parent(s) as well as your Trail Guides and/or Troop Chaplain:

- An age-appropriate Bible study program[1] consisting of at least six (6) 20-minute sessions. Topics should focus on basic knowledge and skills of the Christian life, such as an introduction to the Bible, its main characters, God's creation, its major themes (Faith, Love, Prayer, Sacrifice, etc.), as well as Trail Life USA core themes of honor, respect, stewardship, and treatment of others.[2]
- Four (4) additional Values Branch Elective Steps.

[1] Any Bible Study Program should be in agreement with your Charter Organization's Faith Tradition. This may include Christian Religious Recognition Programs.
[2] It is highly recommended to select and use materials that encourage at least one session to be completed at home, led by a parent or guardian.

2. **Discipleship Activity**

   Participate in one (I) of the following activities and discuss it with your parent(s) as well as your Trail Guides and/or Troop Chaplain:

   - Read a story or watch a video about the life of a Bible character.
   - Participate in a service project.
   - Build a craft or project related to your Devotional Activity.

3. **Disciplines Activities**

   Complete all three (3) of the following activities with your parent(s) as well as your Trail Guides and/or Troop Chaplain:

   - Memorize and recite at least three (3) Scripture verses, prayers, hymns, creeds, and/or catechisms discussed during the Devotional Activity.
   - Lead a prayer at mealtime with your family and during a Trail Life event.
   - Attend a special church service or mass: Christmas, Good Friday, Easter, etc.

4. **Demonstration Activities**

   Complete both of the following activities with your Trail Guides and/or Troop Chaplain:

   - Recite for your patrol and/or Trail Guide the three memory passages from the Disciplines Activities.
   - Hold a final conference explaining what you have experienced and learned through the Worthy Life Award.