Woodlands Trail Mountain Lion Worthy Life Award

Trail Life USA is a Christ-centered outdoor adventure, leadership, and character development ministry. Within the operations of the local Troop, the primary statement/profession of Christian beliefs, faith, and/or doctrine is that belonging to the Charter Organization. As with any of its ministries, the Charter Organization should take steps to ensure the Troop appropriately reflects these beliefs. Furthermore, all Trail Life USA Charter Organizations and Registered Adult Members must concurrently adhere to the Christian principles stated in Trail Life USA's Statements of Faith and Values, and all activities must be completed in conformity with Youth Protection Guidelines.

To achieve the Woodlands Trail Mountain Lion Worthy Life Award, you must complete the requirements in all four areas below with your parent(s) as well as your Trail Guides and/or Troop Chaplain as an active Trail Life USA Mountain Lion:

1. A Devotional Activity
2. Discipleship Activities
3. Disciplines Activities
4. Demonstration Activities

The Devotional and Discipleship Activities are where Trailmen will choose, learn, and explore biblical principles. The Disciplines Activities are where the Trailmen apply their new knowledge to their lives. The Demonstration Activity is where the Trailman reports on his experiences to his peers and leaders. These activities may overlap with each other and should be integrated together when possible. Ensure that all completion dates are correctly documented in the Woodlands Trail Handbook and on TrailLifeConnect.com.

I. Devotional Activity

Participate in one (I) of the following activities with your parent(s) as well as your Trail Guides and/or Troop Chaplain:

- An age-appropriate Bible study program[1] consisting of at least ten (10) 30-minute sessions. Topics should focus on slightly advanced knowledge and skills of the Christian life, such as core doctrines, parables, obstacles to faith, biblical character studies, biblical manhood, Christian worldview, spiritual disciplines, as well as the Trail Life USA program emphases of leadership, teamwork, character, wisdom, heritage, and faith.[2]
- Four (4) additional Values Branch Elective Steps.

[1] Any Bible Study Program should be in agreement with your Charter Organization's Faith Tradition. This may include Christian Religious Recognition Programs.

[2] It is highly recommended to select and use materials that encourage at least two sessions to be completed at home: one led by a parent or guardian and one led by the Trailman.

2. **Discipleship Activities**

   Participate in two (2) of the following activities and discuss them with your parent(s) as well as your Trail Guides and/or Troop Chaplain:

   - Plan with others and participate in a community service project.
   - Participate in a weekend mission trip or Christian retreat.
   - Read three (3) entire books of the bible.

3. **Disciplines Activities**

   Complete all three (3) of the following activities with your parent(s) as well as your Trail Guides and/or Troop Chaplain:

   - Memorize and recite at least three (3) new Scripture verses, prayers, hymns, creeds, and/or catechisms discussed during the Devotional Activity.
   - Maintain and pray over a prayer list on a daily basis for an agreed period of time, track answers to prayers, and invite one other person to pray with you for your list.
   - Regularly attend church services or mass for at least three (3) months.

4. **Demonstration Activities**

   Complete both of the following activities with your Trail Guides and/or Troop Chaplain:

   - Recite for your patrol and/or Trail Guide the three memory passages from the Disciplines Activities.
   - Hold a final conference explaining what you have experienced and learned through the Worthy Life Award.