NAVIGATORS WORTHY LIFE AWARD

Trail Life USA is a Christ-centered outdoor adventure, leadership, and character development ministry. Within the operations of the local Troop, the primary statement/profession of Christian beliefs, faith, and/or doctrine is that belonging to the Charter Organization. As with any of its ministries, the Charter Organization should take steps to ensure the Troop appropriately reflects these beliefs. Furthermore, all Trail Life USA Charter Organizations and Registered Adult Members must concurrently adhere to the Christian principles stated in Trail Life USA's Statements of Faith and Values, and all activities must be completed in conformity with Youth Protection Guidelines.

To achieve the Navigators Worthy Life Award, you must complete requirements in all four areas below as an active Trail Life USA Navigator: a Devotional Activity, a Discipleship Activity, Disciplines Activities, and a Demonstration Activity. Ensure that all signatures and dates are correctly documented in the Trailman's Handbook and on TrailLifeConnect.com.

Work with your Trailmaster, Troop Chaplain, and mentor (approved by your parent or guardian) to create and document in your Handbook measurable goals, tasks, and reporting expectations before beginning any requirement. The Trailmaster, Troop Chaplain, and mentor must pre-approve, sign for completion, and date each activity. *Two-deep, No one-on-one, and Buddy System of Three* Youth Protection guidelines must be followed at all meetings with your mentor or leader(s).

I. Devotional Activity

Complete one (I) of the following activities and discuss it with your mentor:

- An age-appropriate Bible study program[1] consisting of at least ten (10) one-hour sessions.
- One (I) Elective Trail Badge from the Values Frontier.
- At least two (2) modules of the Manhood Journey program[2] with your father or other male mentor.

2. Discipleship Activity

Complete one (I) of the following activities and discuss it with your mentor:

- Read a Christian book[3].
- Participate in a Christian weekend retreat or mission trip.
- Complete a service project using the Biblical principles or skills developed during your Devotional Activity.

3. Disciplines Activities

Complete three (3) of the following activities throughout your Devotional and Discipleship Activities:

- Keep a journal of questions, principles, and thoughts.
- Memorize and recite scriptures, prayers, hymns, creeds, or catechisms.
- Keep a prayer journal.
- Regularly attend services/mass at your local church.
- Volunteer to serve with your local church/parish on an ongoing basis.

4. Demonstration Activity

Complete a final conference with your Trailmaster, Troop Chaplain, and mentor, explaining what you have experienced and learned and how you have achieved your pre-determined goals, tasks, and expectations.

[1] Any Bible Study Program should be in agreement with your Charter Organization's Faith Tradition. This may include Christian Religious Recognition Programs.
[2] More information on the Manhood Journey program can be found on the Leader Pages.
[3] Possible topics include: Biblical manhood, prayer, humility, grace, missions, fruits of the Spirit, true and false conversions, sacraments, biographies of important church leaders, etc.